



OVER - THE - COUNTER

Upset Tummy™ **Concentrated Decoction**

This is Si Jin Bao's version of a classical formula based on the Essential Teachings of Dan-Xi. These include overeating, alcohol intoxication, food poisoning, etc. This would be a useful addition to any first-aid travel kit, especially for overseas travel. Alcohol Free & Kid Friendly.

Main Actions

- Reduces Food Stagnation
- Harmonizes the Stomach
- Regulates Qi
- Clears Heat & Resolves Toxicity
- **Expel Dampness**
- Warm and Transform Cold Phlegm



SJB Professional Concentrated Decoction

Bao He Tang



Chinese

保和湯(集)



Bảo Hé Tang



Formula Category

Formulas that Reduce Food Stagnation



Source Book

Essential Teachings of Dan-Xi



Source Date

1481 AD



Formula Ingredients

蔬菜甘油 Gān Yóu (Vegetable Glycerin), 山楂 Shan Zha (Hawthorn Fruit), 神麴 Shen Qu (Medicated Leaven), 萊菔子 Lai Fu Zi (Radish Seed), 陳皮 Chen Pi (Aged Tangerine Peel), 連翹 Lian Qiao (Forsythia Fruit), 茯苓 Fu Ling (Poria), 半夏 Ban Xia (Pinella Tuber), 蒸餾水 Zhēng Liú Shuǐ (Distilled Water)



Suggested Treatment Protocols

- Acute -10 Days & Reevaluate
- Subacute 30 Days & Reevaluate
- Chronic 90 Days & Reevaluate

Please be advised that ancient healing systems such as Traditional Chinese Medicine, Classical Chinese Medicine, Ancient Chinese Medicine, Kampo (Traditional Japanese Herbal Medicine), Hangul (Traditional Korean Medicine) are vastly different in the diagnosis and treatment of dysfunctional physiological processes namely diseases. The appropriate trained professional should be consulted on any specified condition.